



W. L. Adams Center for Writing

COMMON REFERENCES IN APA STYLE

APA in-text citations pair author last names with years of publication (Walker, 2019), to enable readers to match that source to an alphabetized reference list. Each source cited in-text must appear in the reference list. Cite all material that you quote, paraphrase, or summarize. Direct quotations must include page numbers: (Walker, 2019, p. 30). For guidance, refer to the *APA Publication Manual*, Sections 8-9. Here are some example APA citations of frequently used source types:

JOURNAL ARTICLE (PRINT)

Daly, L. M. (2020). Resilience: An integrated review. *Nursing Science Quarterly*, 33(4), 330–338.

- Parenthetical citation: (Daly, 2020)
- Narrative citation: Daly (2020) reviewed resilience research and found...

JOURNAL ARTICLE WITH DOI

Hamer, K., Stamatakis, E., & Steptoe, A. (2009). Dose-response relationship between physical activity and mental health: The Scottish Health Survey. *British Journal of Sports Medicine*, 43(14), 1111-1114. <http://dx.doi.org/10.1136/bjism.2008.046243>

- Parenthetical citation: (Hamer et al., 2009)
- Narrative citation: Hamer et al. (2009) documented the...

JOURNAL ARTICLE WITH URL

Parsons, E. (1918). Nativity myth at Laguna and Zuni. *Journal of American Folklore*, 31(120), 256-263. <https://www.jstor.org/stable/534877>

- Parenthetical citation: (Parsons, 1918)
- Narrative citation: Parsons (1918) documented Zuni nativity myths...

PubMed JOURNAL ARTICLE

Liu, G., Lin, Q., Jin, S., & Gao, C. (2022). The CRISPR-Cas toolbox and gene editing technologies. *Molecular Cell*, 82(2), 333–347. <https://doi.org/10.1016/j.molcel.2021.12.002>

- Parenthetical citation: (Liu et al., 2022)
- Narrative citation: Liu et al. (2022) surveyed current CRISPR-Cas gene editing...

BOOK WITH ONE AUTHOR (PRINT)

Pollan, M. (2006). *Omnivore's dilemma: A natural history of four meals*. The Penguin Press.

- Parenthetical citation: (Pollan, 2006)
- Narrative citation: Pollan (2006) describes “our national eating disorder” and... (p. 81).

E-BOOK FROM A DATABASE

Nestle, M. (2013). *Food politics: How the food industry influences nutrition and health*. University of California Press. <http://www.jstor.org/stable/10.1525/j.ctt7zw29z>

- Parenthetical citation: (Nestle, 2013)
- Narrative citation: Nestle (2013) described the “pay for play” trend in...

BOOK WITH MORE THAN ONE AUTHOR

Woodward, B. & Bernstein, C. (1974). *All the president’s men*. Simon and Schuster.

- Parenthetical citation: (Woodward & Bernstein, 1974)
- Narrative citation: Woodward and Bernstein (1974) discussed ...

CHAPTER IN AN EDITED BOOK

Haworth, H. (2019). The fading stars: A constellation. In J. Greenring, (Ed.), *Best American science and nature writing* (pp. 99-111). Mariner/Houghton Mifflin Publishing.

- Parenthetical citation: (Haworth, 2019)
- Narrative citation: Haworth (2019) discusses constellations...

ONLINE MAGAZINE ARTICLE

Twenge, J. (2017, September 15). Have smartphones destroyed a generation? *The Atlantic*. <https://www.theatlantic.com/magazine/archive/2017/09/has-the-smartphone-destroyed-a-generation/534198>

- Parenthetical citation: (Twenge, 2017)
- Narrative citation: Twenge (2017) analyzed social effects of smartphones...

WEB PAGE ON A NEWS WEBSITE

Avramova, N. (2019, January 3). *The secret to a long, happy, healthy life? Think age-positive*. CNN. <https://www.cnn.com/2019/01/03/health/respect-toward-elderly-leads-to-long-life-intl/index.html>

- Parenthetical citation: (Avramova, 2019)
- Narrative citation: Avramova (2019) details...

WEB PAGE ON A WEBSITE WITH A GROUP AUTHOR

Centers for Disease Control and Prevention. (2018, January 23). *People at high risk of developing flu-related complications*. https://www.cdc.gov/flu/about/disease/high_risk.htm

- Parenthetical citation first mention: (Centers for Disease Control and Prevention, 2018)
 - Subsequent mentions: (CDC, 2018)
- Narrative citation first mention: Centers for Disease Control and Prevention (2018) reported that...
 - Subsequent mentions: CDC (2018) reported that...
 - When the author and site name are the same, omit the site name from the source element.

WEB PAGE ON A WEBSITE WITH AN INDIVIDUAL AUTHOR

Martin Lillie, C. M. (2016, December 29). *Be kind to yourself: How self-compassion can improve your resiliency*. Mayo Clinic. <https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/selfcompassion-can-improve-your-resiliency/art-20267193>

- Parenthetical citation: (Martin Lillie, 2016)
- Narrative citation: Martin Lillie (2016) argues...

WEB PAGE ON A WEBSITE WITH NO DATE

National Nurses United (n.d.). *What employers should do to protect nurses from Zika*.

<https://www.nationalnursesunited.org/pages/what-employers-should-do-to-protect-rns-from-zika>

- Parenthetical citation: (National Nurses United., n.d.)
- Narrative citation: National Nurses United (n.d.) asserts...

WEB PAGE WITH RETRIEVAL DATE

U.S. Census Bureau. (n.d.). *U.S. and world population clock*. U.S. Department of Commerce.

Retrieved on July 3, 2019, from <https://www.census.gov/popclock>

- Parenthetical citation: (U.S. Census Bureau, n.d.)
- Narrative citation: The U.S. Census Bureau (n.d.) provided...

ONLINE NEWSPAPER ARTICLE

Blow, C. (2022, June 8). America's 'psychic numbing' to gun violence. *The New York Times*.

<https://www.nytimes.com/2022/06/08/opinion/numbing-gun-violence.html>

- Parenthetical citation: (Blow, 2022)
- Narrative citation: Blow (2022) notes that as we become desensitized to...

ONLINE DICTIONARY OR ENCYCLOPEDIA

Merriam Webster. (n.d.). Trauma. In *Merriam-Webster.com dictionary*. Retrieved June 13, 2022, from <https://www.merriam-webster.com/dictionary/trauma>

- Parenthetical citation: (Merriam-Webster, n.d.)
- Narrative citation: The current *Merriam-Webster* (n.d.) definition of "trauma" includes...

REPORT BY A GOVERNMENT AGENCY OR OTHER ORGANIZATION

Canada Council for the Arts. (2013). *What we heard: Summary of key findings: 2013 Canada Council's Inter-Arts Office consultation*.

https://publications.gc.ca/collections_2017/canadacouncil/K23-652013-eng.pdf

- Parenthetical citation: (Canada Council for the Arts, 2013).
- Narrative citation: The Canada Council for the Arts (2013) explains that...

FILM OR VIDEO

Orlowsky-Yang, J. (Director). (2020). *The social dilemma* [Film]. Exposure Labs.

- Parenthetical citation: (Orlowsky-Yang, 2020)
- Narrative citation: Orlowsky-Yang (2020) analyzed social media...

BLOG POST

Gioia, T. (2022, March 19). The case for super vinyl. *The honest broker*. Substack.

<https://tedgioia.substack.com/p/the-case-for-super-vinyl?s=r>

- Parenthetical citation: (Gioia, 2022)
- Narrative citation: Gioia (2022) argues that music on vinyl is not merely...

YOUTUBE or STREAMING VIDEO

United Nations. (2021, April 21). *Climate change for kids* [Video]. YouTube.

<https://www.youtube.com/watch?v=WkvPdUtYhX8>

- Parenthetical citation: (United Nations, 2021)
- Narrative citation: The United Nations (2021) clarified its position in its film for children...

SONG OR TRACK ON AN ALBUM

Anderson, L. (1981). O Superman [Song]. On *Big science*. Warner Bros. Records.

- Parenthetical citation: (Anderson, 1981)
- Narrative citation: Anderson's *O Superman* (1981) captured the decade's...

PODCAST EPISODE

Winfrey, O. (Host). (2020, Sept. 16) Beyoncé. (No. 290) [Audio podcast episode]. In *Oprah's Super Soul*. Harpo Productions. <https://goodpods.com/podcasts/oprahs-super-soul-11622/beyonc%C3%A9-7032683>

- Parenthetical citation: (Winfrey, 2020)
- Narrative citation: Winfrey (2020) discussed strategies...

TED TALK

Aleksic, A. (2025, November). *Why are people starting to sound like ChatGPT?* [Video]. TED Conferences.

https://www.ted.com/talks/adam_aleksic_why_are_people_starting_to_sound_like_chatgpt

- Parenthetical citation: (Aleksic, 2025)
- Narrative citation: Aleksic (2025) explains...

RADIO BROADCAST

Nelson, D., & Silva, N. (2018, September 26). *The keepers of the underground: The hip-hop archive at Harvard* [Radio broadcast]. NPR.

<https://www.npr.org/people/5252035/the-kitchen-sisters>

- Parenthetical citation: (Nelson & Silva, 2018)
- Narrative citation: Nelson and Silva (2018) devoted a radio broadcast to...

POWERPOINT FROM A CLASS WEBSITE

Sanders, C. (2021). *Modernization and its discontents: Europe in 1789* [PowerPoint slides]. Brightspace@TCU. <https://tcu.brightspace.com/d2l/home>

- Parenthetical citation: (Sanders, 2021)
- Narrative citation: Sanders (2021) made the case that modernization was...

FEDERAL STATUTE

Lilly Ledbetter Fair Pay Act of 2009, Pub L. No. 111-2, 123 Stat. 5 (2009).

<https://www.congress.gov/111/plaws/publ2/PLAW-111publ2.pdf>

- Parenthetical citation: (Lilly Ledbetter Fair Pay Act, 2009)
- Narrative citation: The Lilly Ledbetter Fair Pay Act (2009)...

SUPREME COURT DECISION

Brown v. Board of Education, 347 U.S. 483 (1954). <https://www.oyez.org/cases/1940-1955/347us483>

- Parenthetical citation: (Brown v. Board of Education, 1954)
- Narrative citation: Brown v. Board of Education (1954) was a pivotal moment...

X POST AND X PROFILE

X Post

APA Databases [@APA_Databases]. (2020, September 2). *We have curated a collection of journal articles from APA PsycArticles on #COVID19. View: <https://bit.ly/2QrWj76> for recent coverage* [Image attached] [Post]. X. https://x.com/APA_Databases/status/1301175576703664128

- Parenthetical citation: (APA Databases, 2020)
- Narrative citation: APA Databases (2020) provides a...

X Profile

Jordan, M. B. [@michaelb4jordan]. (n.d.). *Replies* [X profile]. X. Retrieved January 9, 2020, from https://x.com/michaelb4jordan/with_replies

- Parenthetical citation: (Jordan, n.d.)
- Narrative citation: Jordan (n.d.) comments that...

FACEBOOK POST AND FACEBOOK PROFILE

Facebook Post

Gaiman, N. (2018, March 22). *100,000+ Rohingya refugees could be at serious risk during Bangladesh's monsoon season. My fellow UNHCR Goodwill Ambassador Cate Blanchett is* [Image attached] [Status update]. Facebook. <http://bit.ly/2JQxPAD>

- Parenthetical citation: (Gaiman, 2018)
- Narrative citation: Gaiman (2018) notes...

Facebook Page

Smithsonian's National Zoo and Conservation Biology Institute. (n.d.) *Home* [Facebook page]. Facebook. Retrieved July 22, 2019, from <https://www.facebook.com/nationalzoo>

- Parenthetical citation: (Smithsonian's National Zoo and Conservation Biology Institute, n.d.)
- Narrative citation: Smithsonian's National Zoo and Conservation Biology Institute (n.d.) explains...

INSTAGRAM PHOTO OR VIDEO

Zeitz MOCAA [zeitzmocaa]. (2018, November 26). *Grade 6 learners from Parkfields Primary School in Hanover Park visited the museum for a tour and workshop hosted by* [Photographs]. Instagram. <https://www.instagram.com/p/BqpHpjFBs3b/>

- Parenthetical citation: (Zeitz MOCAA, 2018)
- Narrative citation: In a photo uploaded by Zeitz MOCAA (2018)...

GENERATIVE AI

General AI Chat Citation

OpenAI. (2026). ChatGPT [Large Language Model]. <https://chat.openai.com/chat>

- Parenthetical citation: (OpenAI, 2026)
- Narrative citation: OpenAI (2026) describes...

Specific AI Chat Citation

OpenAI. (2026, January 8). Response to the prompt "In 200 words, describe the symbolism of the ruined statue in Ozymandias" [Generative AI chat]. ChatGPT. <https://chat.openai.com/>

- Parenthetical citation: (OpenAI, 2026)
- Narrative citation: When prompted with "In 200 words, describe the symbolism of the ruined statue in Ozymandias" ChatGPT stated that the ruined statue symbolizes "the passage of time and the inevitable loss of power associated with it" (OpenAI, 2026).